

A BEGINNERS GUIDE TO DAY TRADING RESPONSIBLY

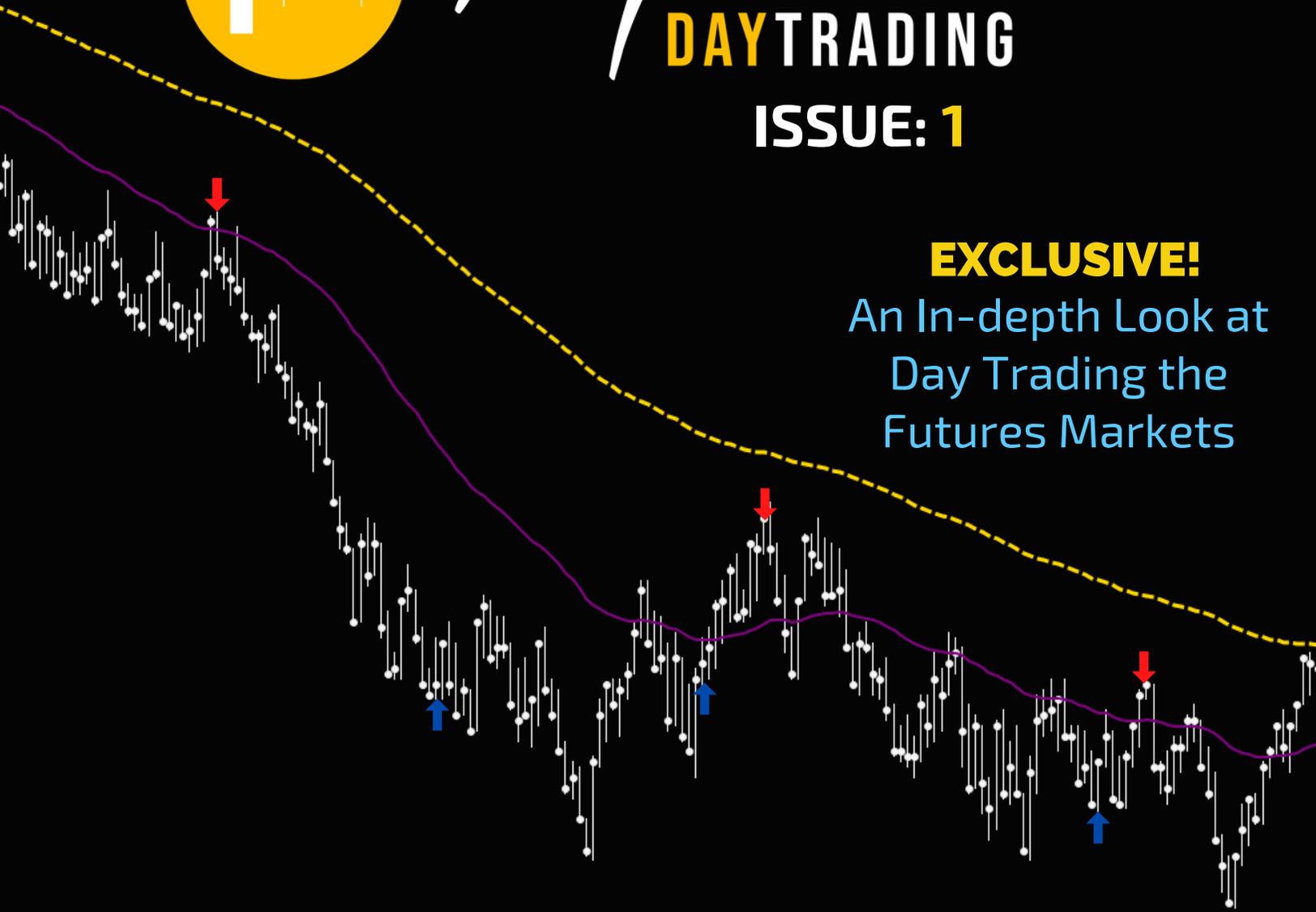


Responsible DAY TRADING

ISSUE: 1

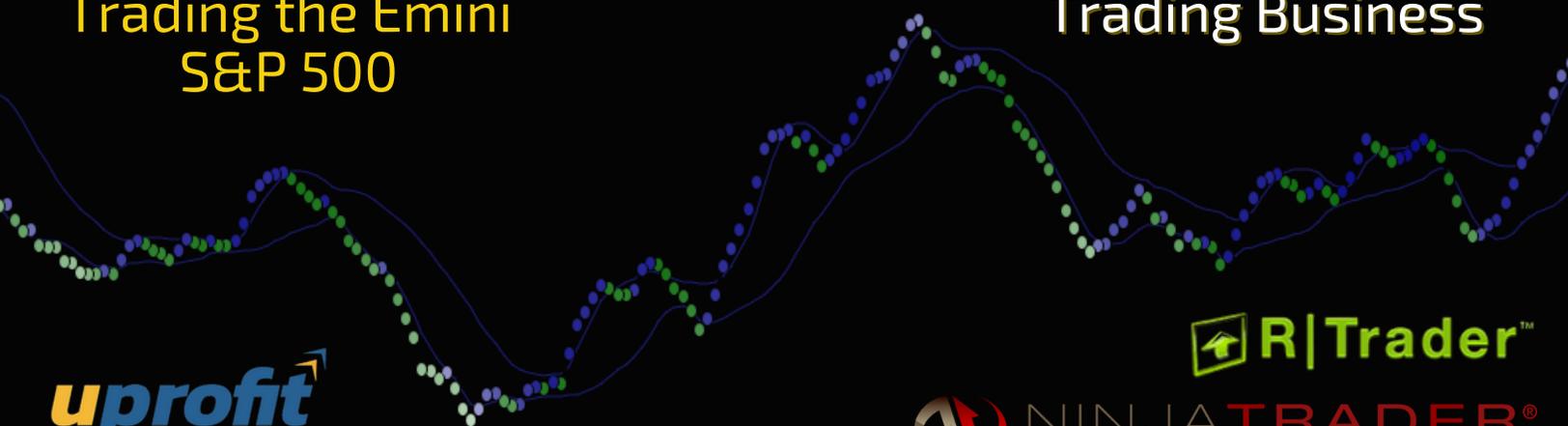
EXCLUSIVE!

An In-depth Look at
Day Trading the
Futures Markets



RDT's Strategy
and Approach to Day
Trading the Emini
S&P 500

Learn What it
Takes to Startup a
Trading Business



JOIN US



Responsible DAY TRADING

ISSUE 1 Welcome to RDT's brand new FREE Guide "A Beginners Guide to Day Trading Responsibly".

We have put this guide together so we can help those new to trading gain knowledge and provide insight into what it takes to be a successful day trader. Our goal is for you to start your day trading business as Informed, and as safely as possible!

*This course will arrive in multiple issues, so keep your eyes open for what's next!
We hope that this guide brings a wealth of knowledge to your journey as a Responsible Day Trader.*

--The RDT Team



04 WHY PEOPLE WANT TO DAY TRADE THE FUTURES MARKETS



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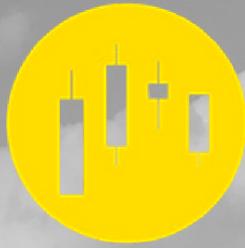
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Responsible DAY TRADING

A BRIEF OVERVIEW OF DAY TRADING



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NINJA TRADER[®]
Architects of Electronic Trading Innovation



The E-mini S&P 500

→ The E-mini S&P 500 is Still the Best Market To Day Trade

There are an average of two million contracts traded daily on the S&P 500 Emini, making it the most traded market across Futures.

This large volume creates a fluid market that is ideal to learn on. Large numbers of active positions in any market creates numerous trading opportunities, which allows beginners to gain experience quickly

A BRIEF OVERVIEW OF DAY TRADING

There are 2 main types of people investing in the market: investors and Day Traders. They both have very different views of their "opportunities" within the market.

Investors are in the market for the long haul, often waiting weeks, months, and years to make their money. This approach places retirement savings into the market with the simple premise that the market will go up over time, thus netting a profit to the investor.

Day Traders, however, see their profits on a daily basis, as you are in the market for as little as a few hours and rarely hold positions overnight. The principle of Day Trading is to make money off the fluctuations of the market.

As a Day Trader, you do not worry about market fundamentals, market collapse, or companies going bankrupt. Whether it is rising or falling, you can capitalize on movement and these ideals are quite a stark difference from the Investor's mindset.

As a Day Trader, your focus is on understanding price and momentum. It is no longer necessary to spend hours of our time on research as an Investor may need to. A quick pre-trading market analysis is all that is needed before you begin trading. Typical trading time is an hour or two. When finished, your earnings are immediately visible, so you can keep an eye on your profits and losses.

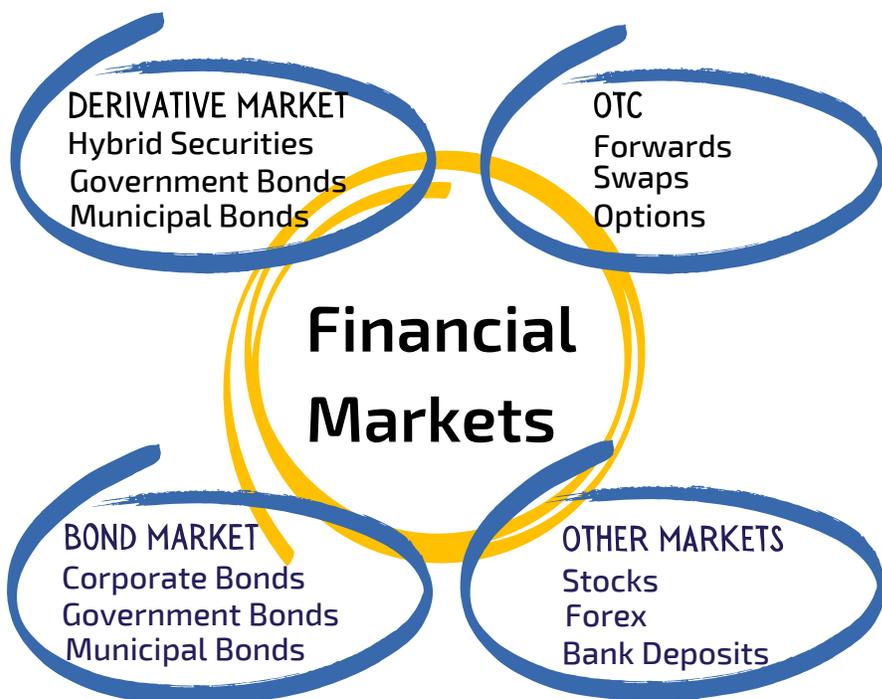
→ A Work From Home Business



Finding a "work from home" business that can actually allow you to bring home the bacon Here at RDT, we choose to trade the E-Mini S&P 500 Futures market,

which is an electronic index allowing people like you and I, to buy and sell large portions of major US Stock at a fraction of what it would cost outside the index. This can be done virtually, from the comfort of your home, while you have the possibility to build an income and potentially live quite comfortably.

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The definition of a Futures contract is to "buy or sell a specific asset, especially commodities or shares, on a certain date, in the future for a specific price before delivery."

As financial markets evolved from farmers selling commodities they produced as Futures contracts (such as grain, produce, and livestock), this principle was then applied to the financial markets. In contrast to traditionally produced goods, Futures contracts were then created for financial products, such as stock indexes like the S&P 500.

Indexes comprise a compilation of stocks grouped together by industry. The S&P 500 stock index is a collection of the 500 largest publicly-traded companies in the United States; including Apple, Google, Microsoft, Exxon, and recently Tesla.

Historically, the S&P 500 futures index was unavailable to most individual traders, because of the amount of margin capital required to trade

the market. With such large margin requirements, the S&P was almost exclusively traded by institutional/professional traders. However, in 1997, the Chicago Mercantile Exchange created the E-mini futures market. The E-mini Futures are essentially the exact same S&P 500 Index but the "mini" version is 1/5th the size, and are only traded electronically, (thus the "E" in E-mini). The E-mini S&P 500 has become the largest single traded market for Day Traders in the world. Anyone can now participate and all traders have the same advantage in terms of software and connection speed.

THE E-MINI AND THE MICRO S&P 500 ARE STILL THE BEST MARKETS TO DAY TRADE.

There are seasonal fluctuations (called volatility) that happen in any market. However, when the volume slows you can still make a daily profit with a developed trading strategy that allows you to adapt your trade entry and exit signals to capitalize on the opportunities that are available at the time you choose to trade. To learn how to take advantage of these fluctuations, it is important to begin on the E-mini and/or the Micro S&P 500 for the greatest chance of success. With the right guidance, you will be able to learn the flow of the market while only focusing on one market that gives tons of trade possibilities with low-risk opportunities.

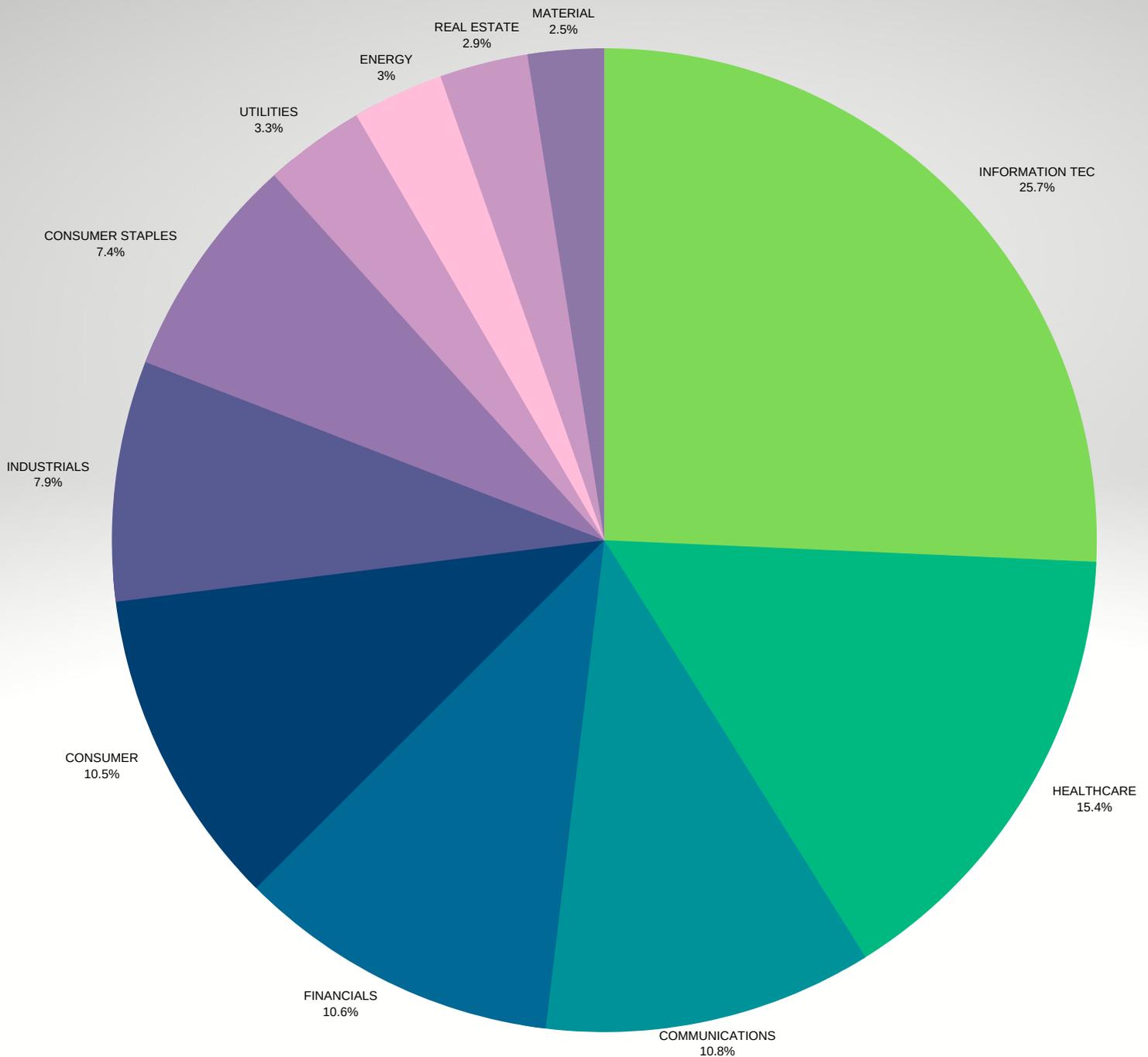
Every market definitely has its own personality and we have to stay in tune with it when we trade. This is one reason why we don't recommend that beginners trade more than one market at a time. For us at RDT, we continue to specialize in the E-mini and the Micro S&P500 because they consistently deliver results in any market environment. In other words, this is one of the easiest markets to adapt to and learn with in order to successfully extract profits.

Starting out on the S&P allows the beginner trader to enter the market with a smaller position when executing orders and entries, but you definitely want to make sure the strategy you learn can be applied to multiple markets if you should choose to trade another. Many RDT traders do choose to stay with the S&P 500 throughout their trading careers as contracts can be increased that result in larger trades, and hopefully, profits with no need to adjust the stop loss or target orders.



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UNDERSTANDING THE S&P 500 INDEX SECTOR AND MARKET CAPS WEIGHTING



The S&P 500 is arguably the most common used index to track the performance of the U.S. Stock market. It is based on the stock prices of 500 large companies that trade on the N.Y. Stock exchange or the NASDAQ.

The S&P 500 is believed to be a good representation of the whole U.S. stock market and American business as a whole, but this is not completely true. While it does give investors exposure to a broad range of the economy, it is heavily weighted towards specific market sectors and industries which can be visualized in the above chart.

The S&P 500 only includes very large companies with huge market capitalizations of \$8.2 Billion and above (usually). Companies like Apple, Amazon, Microsoft, JP Morgan Chase for example.

As you can see, the S&P 500 is heavily weighted toward Tech Stocks, Health Care and Financials with little representation amongst utilities, real estate companies or those producing and selling raw materials.

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BASICS OF TRADING IN FUTURES MARKETS

**DAY TRADING IS A
UNIQUE, EXCITING
VENTURE AND CAN
BE EXTREMELY
PROFITABLE**

A LIFE CHANGING CHALLENGE

What other profession offers the ability to double, or even triple, your income while working the same amount of hours? As professional Day Traders we are in charge of our income.



➔ **Go Long OR Go Short**



You will hear us use the terms “long” and “short.” To give you a basic definition, when you buy into a market, you are placing yourself in a long position, expecting the market to go up so you can sell it for a profit. If short, you would sell and expect the market to go down, so you can turn around and buy it back at a profit.

➔ **The E-mini S&P 500**

A Highly Liquid Market

The ES Futures provides one of the most efficient, liquid and cost-effective ways to get your feet wet to the S&P 500 Index due to all the movement and opportunities it presents.

Also, ES has WAY lower margin requirements (as low as \$500) to get started, giving traders MUCH more access to buying power than in the stock market.

One last awesome thing about the ES? You can buy OR sell with no restrictions on trading the market. This means NO Pattern Day Trading Rule.

➔ **What Strategy Comes Down to What's Comfortable for YOU !**



BASICS OF BUYING AND SELLING IN THE FUTURES MARKETS

As a Day Trader, you are not required to follow the news or continually research a company's fundamentals. You focus on technical analysis and momentum of price action to base your trade executions.

Technical analysis uses a precise set of indicators, patterns, and movements that allow you to identify high probability opportunities in the market. It also allows you to gauge momentum, strength, and potential reversals in real-time. An active position for a Day Trader will last from a few minutes to a few hours.

In Futures trading, you are making an electronic agreement with another party, so when you buy a contract based on a cash value, you would be waiting for an increase in value to make a profit.

The reason we prefer to trade Futures, instead of Stocks, is there are no restrictions for shorts--or selling the market. When you short a position, it means you are selling your contracts to another party while you are waiting for a decrease in value to purchase your end of the agreement before the contracts expire.

In Day Trading Futures you can actually make more money when the market goes down than up because, well, it tends to fall faster than it rises in these kind of things.



Another reason that Futures are preferred over Stocks is its return potential. When trading Stocks, only \$1 is made for every \$1 that the market moves (when you win of course).

It sounds like a great investment, right? You invest \$1 and, if you made a good decision, you make your money back plus profit.

Well, Futures have a much higher profit potential than regular Stocks, netting up to 10 times more money for the same move "\$1" move in price!

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WHY NOW IS A GREAT TIME TO START DAY TRADING



**IF NOT NOW
THEN WHEN?
VOLATILITY
EQUALS
OPPORTUNITY**

“A peak performance trader is totally committed to being the best and doing whatever it takes to be the best. He feels totally responsible for whatever happens and thus can learn from mistakes. These people typically have a working business plan for trading because they treat trading as a business.”

-Van K. Tharp

WHY NOW IS A GREAT TIME TO START DAY TRADING

When you become a Day Trader, you will not answer to anyone except yourself when it comes to your "workday". For some, it's the freedom to spend time with their families and for others, it's not having a boss to report to or working 12 hours a day doing something they don't enjoy and building someone else's dream.

Trading not only offers flexible work hours but a flexible lifestyle as well. When we say flexible, we not only refer to traveling and the ability to take time off work; it is being able to stay flexible with the fast-changing global world and ready for whatever might come your way when things seem to be falling apart for others.

Remember, you only need an internet connection and your laptop to make a living Day Trading. It is one of the reasons we say Day Trading is a great lifestyle, not just a profession. Many people trade a couple of hours a day, earn a great income and still have ample time to enjoy life, pursue their dreams, travel, or just enjoy more quality family time.

There are TONS of companies out there that can help you on your Day Trading path. Be sure to look for a proven training program that has been developed by REAL Day Traders who have tested the strategy over many years.

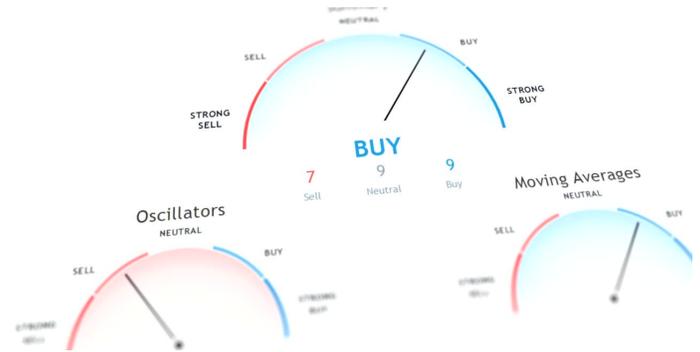
At RDT, we have helped our students and members become consistently profitable traders, with some of them transitioning into full-time professional traders. Other members continue to trade part-time and use trading as a side hustle to earn a second income. Whatever your desired outcome, Day Trading can and will offer you that flexibility.



Governments around the world have continued to introduce Quantitative Easing, which is a massive injection of capital into the financial markets. This stimulus resulted in a blistering increase in money being invested into the Stock market. No one knows the future and what continuing effect we will see from the Covid-10 Pandemic outbreak, but the markets will continue moving up and down- day in and day out.

We have been witnessing extreme market volatility and volume that has been a blessing for Day Traders who are active and flexible in their approach. The recent financial crises have caused the markets to become much more erratic than we are used to seeing. Crisis causes the market to move MUCH faster, and with bigger swings. The Day Traders with the proper experience, patience and abilities are capitalizing on this very uncertainty every single trading day!

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➔ Can Anyone Trade?

If there's one thing that we have learned about Day Trading, it's that this is something that just about anyone can do. College education or an understanding of financial markets is NOT needed to begin or to learn how to trade.

When looking for a company that will provide the education you need to move forward, make sure that they will supply you with every bit of information and support required to succeed and become a Responsible Day Trader.

➔ Making Money in a Recession

Think a recession can stop you from making money? For the typical employee, earning a living in recession is no easy task. Jobs are scarce, and being laid-off or losing your business can be detrimental to anyone.

It's truly a liberating experience to not have to rely on ANYONE else for an income. Knowing that you can actually make more money when the economy is crashing and the market moves down is awesome!

As a Day Trader, there is only one thing that we need to make money: market movement. As long as the market is moving up or down, we can always find opportunity.



RIGHT NOW IS THE BEST TIME TO MAKE MONEY DAY TRADING!

WHY PEOPLE WANT TO DAY TRADE THE FUTURES MARKETS

“YOU CAN BE FREE. YOU CAN LIVE AND WORK ANYWHERE IN THE WORLD. YOU CAN BE INDEPENDENT FROM ROUTINE AND NOT ANSWER TO ANYBODY.”

- Alexander Elder

As traders, we look for the most efficient markets. Futures are unmatched and offer retailers many options to trade highly regulated and safe markets.



WHY DO PEOPLE WANT TO START DAY TRADING FUTURES ?

→ **"The most expensive commodity I know is knowledge. You either pay somebody with it, or you learn expensive lessons through your own mistakes"**

In other words there are two ways to begin Day Trading: spend hundreds of hours back-testing ideas until one works consistently, or find someone that has already done the research and learn their technique. Luckily, at RDT, we got you covered so you can skip the first step!

→ New Traders' Most Common Mistake

Many who are new to this business get caught up chasing the "Holy Grail of Trading Systems" and end up purchasing several different strategies, software programs and paying for unsupportive or lackluster coaching. Together, all of these costs can easily reach tens of thousands of dollars.

Many Day Trading companies sell basic packages upwards of \$5,000 (and higher) and charge monthly for coaching. This will continue to push up your overall investment.

Our advice for those who are going to put their hard-earned dollars towards paying for an education and finding a mentor-- DO YOUR RESEARCH and make sure that you are going to receive the kind of education and support you were promised before you dive in with a specific company!

Considerations HAVE to be made when starting your own business; start-up costs, logistics, training, and in today's fast-moving world, flexibility. The return of investments offered by trading can be extremely rewarding compared to most start-ups these days. Let's take a closer look at this.

Day Trading is exponentially cheaper when compared to starting a conventional business. How many companies offer the potential of making tens of thousands of dollars a year in the first full year of business and costs less than \$3,000-\$6000 to start? None that we can think of!

But let's keep it real here. It's not a secret that many traders step into the market without the proper training and experience only to lose significant amounts of money, and even those that have worked hard at it also do not become successful Day Traders. In our experience, we have seen that the RDT students that are fully committed to learning, growing, and developing their knowledge go on to find that all-important profitable consistency.

INDUSTRY START UP COSTS FOR DAY TRADING FUTURES:

Here is a breakdown of what to expect on average:

- 1 Proven Day Trading System: \$1,500 - \$10,000
- Initial Capital to open a Futures account: \$1,000 - \$3,000
- NinjaTrader Platform (LIVE version) \$60/month or \$1000 lifetime licence

The exact cost of the Day Trading education/strategy is dependent on the student's prior experience, knowledge, and level of training needed to master the techniques. More importantly, everyone is unique and learns at their own speed and capacity so finding a company that will accommodate your level is key.

Using a program like NinjaTrader (our preferred platform at RDT) you can get free/demo access to the software further reducing the capital needed to start. You will also have access to companies like UProfit Trader, which will not only extend free access to NinjaTrader but will allow you to test for a funded account (that range up to 100K) saving you even more money on start-up fees! (We will get to know more about funded companies a little later).

WHAT IS NEEDED TO FUND MY ACCOUNT ?



This is an important question and something that you need to consider carefully before you commit to becoming a Day Trader. Starting up a Day Trading account and funding it has different account funding requirements. These requirements will change if you go with a funded account (from companies like UProfit Trader) vs funding your own account

As a Day Trader, you can trade a variety of different instruments with the most popular being Stocks, Futures, and Options- all of which will have different requirements. Let's take a look at the kind of capital needed to start.

→ **If you're been interested in Day Trading Stocks, you may have heard the term "Pattern Day Trading" rule or "PDT" rule.**

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→ Stocks are Perhaps the Most Well-Known Market with Day Traders



This is true for various reasons. However, the major drawback for the Day Trading of Stocks is the PDT Rule which limits traders.

→ Capital Investment for Day Trading Emini Futures



No PDT rule makes Day Trading Futures a great option for traders with limited starting capital.

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FOR THOSE LOOKING TO AVOID THE PDT RULE, FUTURES MAY BE JUST WHAT YOU'RE LOOKING FOR.

The Pattern Day Trader (PDT) rule is a designation from the Securities and Exchange Commission (SEC) that is given to traders who make four or more Day Trades in their margin account over a five business day period. A Day Trade is when you purchase or short a security and then sell or cover the same security on the same day.

Essentially, if you have a \$5,000 account, you can only make three-day trades in any rolling five-day period. Once your account value has exceeded \$25,000, THEN the restriction no longer applies to you.

The good news is, the PDT rule or Pattern Day Trading rule does NOT apply to Day Trading Futures. It only applies to Day Trading Stocks and Options. In Futures and Forex, traders can open and close as many trades as they like within a single day's trading session, without ANY restriction subject to margin requirements. (although we suggest you limit your trades for good habit's sake)



Futures contracts are popular because Futures Day Traders don't need to maintain the \$25,000 account minimum that is required of US stock Day Traders. Futures contracts are traded on all sorts of products, such as gasoline, oil, gold, natural gas, and Stock indexes.

Today trade E-mini Futures, most brokers only require a minimum deposit of \$1,000 while some are as low as \$500 now! In order to Day Trade an E-mini S&P 500 (ES) Futures contract, most brokers require you have at least \$400-\$500 of available capital in your account to take a 1-contract trade. This is called Day Trading Margin.

But, opening an E-mini Futures account with only \$1,000 isn't recommended. You really should consider opening a Futures account with at least \$2500 or more if Day Trading the Emini SP500 to give you a bit of a "cushion" while getting started.

Now, the *E-Micro* Futures are a great option for a much smaller initial capital investment and you could open and trade an account from as low as \$100-- but we would recommend a \$500 minimum. The risk and reward is a lot lower than trading the E-mini's but still a great way to get started and get your feet wet once you feel confident if your strategy if you are going to fund your own account.

The amazing thing is, we know that we have companies like UProfit Trader that will actually fund your account FOR you once you pass their 1-step evaluation. You could even find yourself getting funded with an account up to 100K in as little as 10 days if you choose to go that route!

We'll tell you all about UProfit Trader and how to get started further in this guide.

WHAT DO YOU NEED TO BEGIN DAY TRADING?

**WE ARE ONLY
AS GOOD AS OUR
TOOLS. WE NEED
FASTER, BETTER AND
MORE RELIABLE**



"Success is the sum of small efforts—repeated day in and day out."...Robert Collier

WHAT DO YOU NEED TO BEGIN DAY TRADING?

Getting started with Day Trading isn't complicated. Some say that it takes a lot of money, and others say that only a specific type of person can Day Trade but those guys don't know the half of it!

We say, ANYONE (over the age of 18) can begin to Day Trade, as long as they have the right tools to get started and the right attitude towards growth and development as a new trader.

So, let's look over some things that will you need to get going!



CHARTING PLATFORM

As a Day Trader, you will need to use specialized software to view and analyze the market. If you are using a trading platform, order submission, or trade management system that is lagging, extremely complicated, or has terrible support, learning to trade can be a time-consuming and error-prone process.

While trading with a Futures accessible platforms, the main player, and Responsible Day Trading's platform of choice, is [NinjaTrader](#). Since 2003, NinjaTrader has pioneered easy to use, yet powerful order entry and trade management functionality to overcome the limitations of other trading platforms. With the versatility provided by this platform, we use NinjaTrader to better achieve our ultimate trading goal; Consistent Profitability.

Most of the RDT team has been using NinjaTrader for an extended number of years and is very strong with both versions 7 & 8 and provide full technical assistance.

The NinjaTrader team is also deeply versed in all aspects of platform operation and can be easily accessed through email or their support forum.

In addition, NinjaTrader provides daily educational webinars and a complete context-sensitive online user's manual, and numerous product videos to minimize your platform learning curve.

→ The Six Things You MUST HAVE to Get Started Day Trading

- QUICK COMPUTER OR LAPTOP
- RELIABLE (HIGH-SPEED) INTERNET CONNECTION MINIMUM OF 1-MEGABYTE UPLOAD AND 2-MEGABYTE DOWNLOAD
- SUPPORTED CHARTING PLATFORM
- AFFORDABLE/TRUSTED BROKER
- TRADING STRATEGY/ WORKING PLAN
- EASY MARKET TO LEARN WITH

→ The Most Important Things About Choosing Charting Software

- CONSISTENT RELIABILITY
- EASE OF USE FOR A BEGINNER
- COST (AND POTENTIAL BROKERAGE FEES)
- REAL-TIME DATA AND MARKET REPLAY DATA
- FUNCTIONALITY FOR DAY TO DAY USE
- OUTSTANDING SUPPORT

Regardless of what markets you trade, what style of trader you are, or whether you require real-time or end of day analytics; ensure your trading platform provides the tools to analyze the markets and your trading ideas in a flexible, customizable and user-friendly manner.

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LETS TALK ABOUT BROKERS



If you wanted to write a check, obviously you would need to be associated with a bank that has your checking account. In order to trade the markets, a brokerage account is needed to transfer money for the contracts that are being purchased.

Generally, brokerage accounts for the Futures market will need to be funded with a minimum of \$500. Although the recent introduction of Micro-Emini's are allowing accounts to be open as low as \$100. We don't recommend such a small account to start trading but it does demonstrate how Day Trading is becoming more and more accessible to all with amazingly low account funding requirements.

CONSIDER WHICH BROKER IS RIGHT FOR YOU

While trading Futures, Options, Forex, or Stocks, there is no reason to use one of the big-name brokerages, as there are specialized brokers specifically designed for retail Day Traders and provide you with very low costs. These brokers give Futures Traders better pricing per transaction and excellent support on software platforms used to trade the Futures markets.

Generally, the more trading that is done in one's account, the cheaper the commissions will be. We can provide you with a list of brokers that provide low commission rates to everyone in the training program.

Whether you choose to enroll in our program or not, it is important to us that you succeed. We are more than happy to share our recommended broker list with you.

Feel free to contact us: (281) 638-8909
or visit us at ResponsibleDaytrading.com

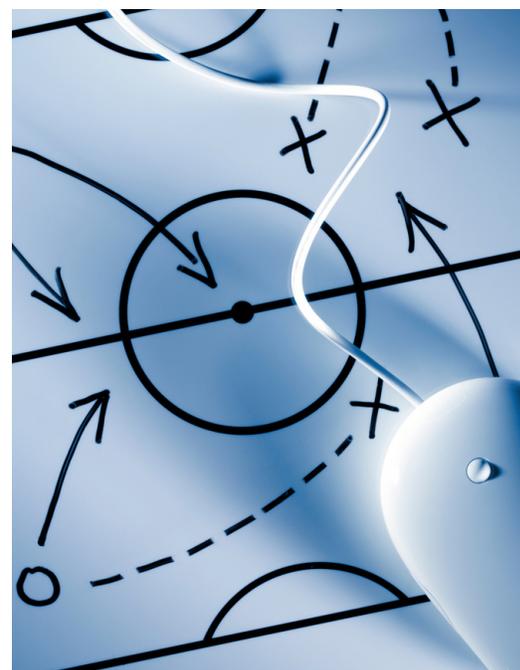
YOU GOING TO NEED A DAY TRADING STRATEGY!

Day Trading is one of the most profitable businesses in the world!

Numerous companies sell Day Trading software and training. For a beginner, your options are to create your own strategy from scratch OR find one that is already proven to work consistently. Creating your own strategy is no easy task. It requires countless hours of testing and research to find the right combination of probabilities, movements, and indicators.

Finding a strategy that works reliably can also be quite difficult, especially with all the misinformation on the Internet. It can be truly hard to decipher between what works and what is just junk. Make sure you choose a strategy that makes sense and carefully consider whether the company is really just trying to sell you software or indicators. Potential red flags include trading strategies that rely heavily on software or claim to have certain "proprietary" indicators. Most indicators can be found online for FREE, including the "proprietary" ones.

One rule of thumb is to look for a strategy with the fewest number of indicators involved. Most indicators are lagging which means they calculate information in a delayed time frame after the price has moved. The fewer indicators, the better the strategy with less lagging information.



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➔ Finding Your Edge



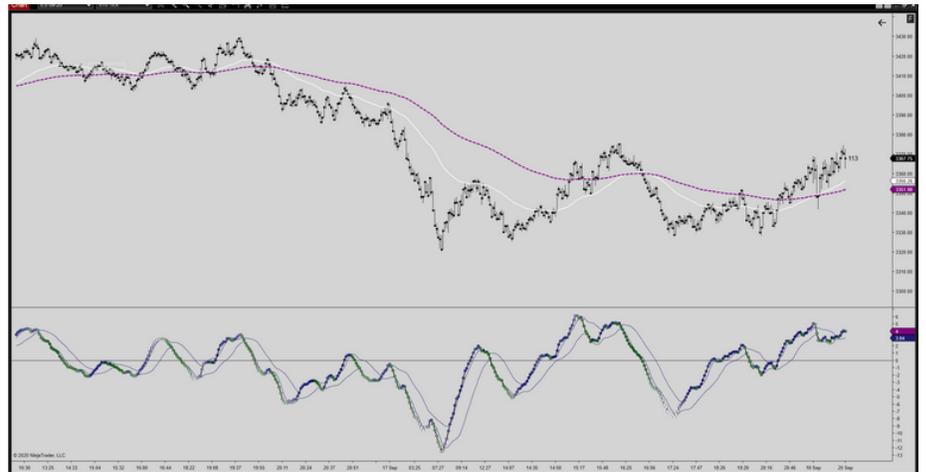
The secret to Day Trading is consistency. This is only found by learning to read the market the way it presents itself rather than trying to force it to the way you hope to see it.

By learning to read strength vs weakness coupled with momentum and price action, it sets new traders up for success by giving them techniques for true technical market analysis. This takes more work and time to acquire than trading an automated strategy but it will give you the real skillset you need to adapt to the ever-changing market environments trading presents.

HOW WE READ THE MARKET

By keeping your charting simple, you can immediately assess what the market environment is and profit from the potential opportunities presented. The Responsible Day Trading strategy uses very minimal indicators that help with volatility, strength, weakness, and momentum. RDT's main objective is to understand the market environment and adapt to its changes by reading live price as should any course that is teaching you how to stay consistently profitable with your Day Trading decisions.

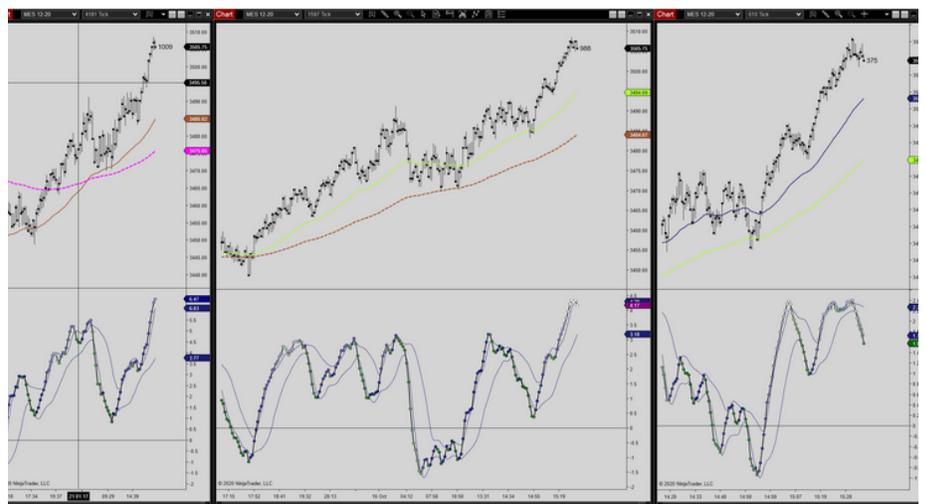
With effort and experience, you can learn to understand how and why price action moves between certain areas, how to stay in flow and trading with, (not against) strength and momentum. It's truly a craft that can be learned and something we are very proud to see our students doing every day!



RDT's Single Time-Frame Trading Chart

To be successful in this business, traders need to truly understand how the market works based on price action, not just indicators or software. Learning to read strength vs weakness coupled with momentum and price action, sets new traders up for success by giving them the techniques used by professional traders for true technical market analysis

This knowledge will serve you for years to come, as you don't have to worry about what happens if a particular indicator no longer 'works' or if the company that trained you goes out of business.



RDT's Multi Time-Frame Trading Chart

➔ Trading With Our Eyes Wide Open

When you start out learning to read charts and technicals, you will want to keep things super simple with your main focus on one trading chart and/or time-frame.

As you gain more experience, you are able to work with more information from multiple time-frames which helps to give you a real perspective on the overall market environment and not just the immediate moments.

This has the real benefit of keeping your trades in 'Flow' with the overall market sentiment and momentum, not fighting against it. This is key to ANY traders' success.

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MEET THE S&P500 EMINI AND MICRO FUTURES



ES Futures provide one of the most efficient, liquid and cost-effective ways to gain market exposure to the S&P 500 Index



AN EASY MARKET TO LEARN: MEET THE S&P 500 (ES) AND NOW THE MICRO S&P500 (MES)

It's never a fun idea to start Day Trading by getting yourself into something that you can't handle. Whether you decide to trade Stocks or even Futures, make sure to choose a market that is easy to learn. The easier the market, the better it will be for your training and your new lifestyle.

The ES is one of the most popular E-mini Futures contracts in the world today. A combination of great volume and fluid movement has made it one of the cornerstone markets for Day Traders.

The E-mini and now E-micro S&P 500 are some of the most appealing markets to trade because there are millions of people trading it throughout the day (and night even) ALL OVER the world! This provides significantly more opportunities than many other markets can give us.



When asked how much money a trader can make with the E-mini S&P 500, we typically say that an average of two to three points (\$100-\$150) a day is a good starting point. This is what a beginner can make without maximizing profits on any of their winning trades.

By leveraging extra contracts behind these initial two points (\$100), we can make between \$100 - \$1,500 or more, for the same amount of time in the market. This scaling approach of adding contracts to your orders takes time to build up to and will be applied once you have proven you can successfully trade on a single contract.

→ We Choose the ES E-Mini and the MES E-Micro for the Following Reasons:

- GREAT VOLUME
- EASY TO LEARN & TRADE ON
- MINIMAL ERRATIC MOVEMENT
- GREAT FOR BEGINNERS/EXPERTS



→ Let's Explain a Bit More Detail Here:

The ES has 4 ticks to every point and is worth \$12.50 per tick, (or \$50 per point). So if you buy a contract at \$100 and sell it at \$100.50 your profit will be \$25 (2 ticks at \$12.50 each).

Likewise, if you buy a contract at \$100 and sell it at \$101, a one-point difference, you will have made 4 ticks which equals \$50.

Utilizing your ability to flow with the market and understand the proper trade signals you are looking for, you should aim for at least a 2:1 Risk/Reward ratio keeping your risk extremely well managed. This allows you to TRADE RESPONSIBLY while offering yourself a good reward potential with your winning trades.

Image Credit: CME Group



But Now There is Another Choice with MUCH Lower Start-Up Capital and Risk: The E-Micro Futures !

The E-Micro contract is a Futures contract traded on the CME which is an even smaller fraction of the E-Mini contract. These contracts are one-tenth the size of E-Mini contracts and began trading as of May 2019.

Now, with access to the E-Micro contracts, new traders, who may have very limited access to funds, can have greater customization over contract quantity and risk management.

While it is common for traders to often lose some profits when first making the shift to live trading (which mostly has to do with fears over education), E-Micros are the perfect way for traders to reduce their losses by trading with less and have become quite popular since being introduced by the CME group.

There are only a few types of E-Micro contracts. Within the equities markets, there are E-Micro Futures for the S&P 500, Russell 2000, Nasdaq-100, and Dow Jones Industrial Average.

And YES you can even trade Micro contracts under your Uprofit Trader Funded account, should you choose!

WHO SHOULD TRADE E-MICRO VS. E-MINI ?

Traders who are just beginning to trade and want to experience the markets with lower stakes could choose to trade with E-Micro Futures. E-Micro Futures can offer peace of mind to a new trader because the market allows for risking a LOT less money.

For example:

Imagine you are in a trade on the E-Mini SP and you are losing 1 point every time it drops. That 1 point is equal to \$50. NOW, imagine that you're on the E-Micro SP, which is 1/10 the size of E-Minis (and moves EXACTLY the same) a trader using E-Micros would only lose \$5 per point.

E-Mini \$ per tick value = \$12.5

4 ticks (0.25) = 1 point = \$50.

E-Micro \$ per tick value = \$1.25

4 ticks (0.25) = 1 Point = \$5.

Those who are more experienced and have larger investment capital could benefit from E-Mini Futures, as they have a higher reward. Our risk and reward potential is totally scalable at a level you can grow into as you become more experienced and confident in your strategy.

TRADING SYMBOL	MES	MNQ	M2K	MYM
EXCHANGE	Chicago Mercantile Exchange (CME)			
CONTRACT SIZE	\$5 x S&P 500 Index	\$2 x Nasdaq-100 Index	\$5 x Russell 2000 Index	\$0.50 x DJIA Index
TICK SIZE	0.25 Index points	0.25 Index points	0.10 Index points	1.00 Index points
TICK VALUE	\$1.25 per contract	\$0.50 per contract	\$0.50 per contract	\$0.50 per contract
POINT VALUE	\$5 per contract	\$2 per contract	\$5 per contract	\$0.50 per contract

Image credits: Ninjatrade.com

→ The Key to Making Money Day Trading is CONSISTENCY

If you are able to consistently make 3 points a day, that equates to \$150 per day, trading just 1 contract on the E-mini S&P. The incredible thing about Day Trading is the profit scalability potential. As you grow and develop as traders you are able to increase the number of contracts you trade, which in turn increases the value of each point earned (or lost).

→ Trading Profits are Totally Scalable Allowing You to Grow with Experience

When you increase your contracts to 10 for example, that turns the same 3-point trading day from \$150 into \$1,500 per day. The E-mini S&P will allow hundreds of trades (contracts) at one time. Not that it is necessary, but it gives an understanding of why many of our traders continue to trade this market after mastering it.

Continue reading at next page >

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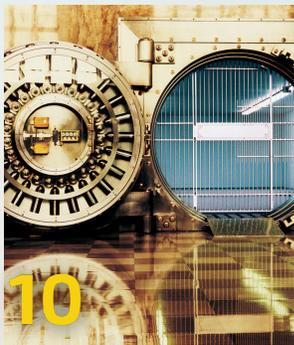
Responsible DAYTRADING

Be sure to look out for Issue 2 and dive deeper into becoming a Responsible Day Trader

To join the beginner Facebook group click this icon  



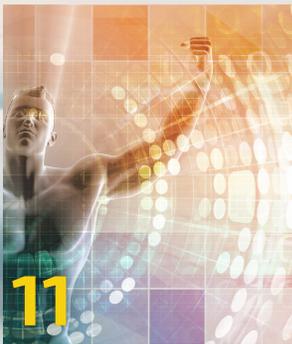
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A LOOK INTO RESPONSIBLE DAY TRADING

07 RDT'S STRATEGY AND TRADING APPROACH

Establishing how we may see each of ourselves as a trader with insight into our trading strategy and approach.

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Understanding our trading approach and how we work with constantly changing market environments.

09 RDT'S LEARNING APPROACH

Understanding how we constantly grow and develop as traders and how you can learn to flow, not fight the markets when you have a solid understand.

10 ENTER THE RDT VAULT

Take a look at RDT's Vault. This is the place we keep all our live video recordings of trading sessions. This has become an invaluable resource for our students and subscribers

PUTTING THE LEARNING INTO PRACTICE

11 PRACTICE ON DEMAND: MARKET REPLAY

Understand the benefits of using your trading platform's market replay feature. We look at this feature and how you can use its on-demand trading market replay to grow and develop as a trader.

12 ENTER THE MARKETS: SIM TRADING

We dive into another very useful feature provided by good trading platforms which helps new and experienced traders work on their skills by trading the live market with paper accounts.

13 FUNDED TRADING WITH UPROFIT TRADER

Learn how Day Traders that are ready to enter the live market environments can earn a fully funded trading account by passing a trading assessment. This can be a great option for those not ready to fund their own accounts.

14 READY TO TRADE YOUR OWN ACCOUNT: GOING LIVE

You have studied your craft and you're confident in your ability to Day Trade the markets responsibly. Time to get some skin in the game with live trading.